

# Amazing Facts About the Ministry of Ellen G. White

She wrote 5,000 articles and 26 books

***She is the most translated woman writer in the history of literature and the most translated American author of either gender (in more than 148 languages).***

***Her writings cover a broad spectrum of topics, including education, health, prophecy, nutrition, cultural and ethnic-linguistic issues, and creationism.***

From the age of 17 until her death, she received approximately 2,000 visions and dreams.

## Ellen White and the Bible

Ellen White was a firm believer in the Scriptures and referred to them as the greater light. “The word of God is the great detector of error; to it we believe everything must be brought. The Bible must be our standard for every doctrine and practice. We must study it reverentially. We are to receive no one's opinion without comparing it with the Scriptures. Here is divine authority which is supreme in matters of faith. It is the word of the living God that is to decide all controversies” (The Ellen G. White 1888 Materials, pp. 44, 45).

## Contributions to Health and Medicine

Ellen White's teachings regarding health were at least one hundred years ahead of her time and have only recently been substantiated by science.

For instance, during her time, tobacco was considered medicinal. But she wrote, “Tobacco is a slow, insidious, but most malignant poison. In whatever form it is used, it tells upon the constitution; it is all the more dangerous because its effects are slow and at first hardly perceptible. It excites and then paralyzes the nerves. It weakens and clouds the brain” (Ministry of Healing, pp. 327, 328).

She also wrote, “Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods prepared in as simple and natural a manner as possible are the most healthful and nourishing.” (Ministry of Healing, p. 296). The medical community has only recently recognized the same: “Vegetarians have been shown to have greater longevity, superior muscular endurance, less chronic diseases, less utilization of health care facilities including hospitals, and less need for medications” (Dr. Neil Nedley, Proof Positive, p.540).